



MEDICAL HERBALISM

An Advanced Understanding of Herbs

A holistic model of health & treatments will be elucidated. We will cover all the body systems and approximately 100 herbs by actions, pharmacology, and energetics.

Basic concepts and principles of the natural sciences will be introduced and applied. Botany, pharmacognosy, phytochemistry, pharmacology, herb-drug interactions, and human physiology will be presented with the principles addressed and integrated into the course at the appropriate times.

A holistic model of healing using the paradigms of deep ecology will be the basis of the program in which herbal protocols will be formed. A systematic method of integrating Western Bio-Medical information in an inherently holistic context will allow the students to utilize the resources of what is called “Allopathic” medicine and “Holistic” or “Naturopathic” medicine.

A herbal materia-medica will be developed and cross referenced by physiological action categories, body systems and tissues affinities, pharmacognostic plant metabolites, energetics, and historical uses.

The basic structure of the classes will be to take each body system and summarize its place in the whole. Next, the patterns that lead to disease conditions and the physiological processes involved will be examined in detail including some specific pathologies. Case studies (from intake to diagnosis to prescription) will be discussed using the “method” and herbal selection criteria to generate holistic protocols including patient specific herbal formulations. Proper forms of herbal products i.e. tinctures, tisanes, decoctions, fomentations etc. will be addressed on a case by case basis. Products from health food stores, home medicine chests and professional dispensaries will be considered. Binders and handouts will be provided.

Preregister by phone or email **John Redden RH, 416-767-3428**
redden@viriditasherbalproducts.com **20 evening classes X 3Hrs @\$800 tax incl.**
One evening per week with holidays. Classes are 7:00 -10:00 PM
Please indicate your preference of evening. (Tues/Wed/ Thurs.) Indicate which nights are yes and which are no. We will tally up and choose the night with the most students. There is a 15 student minimum required to create a second evening class. Classes will begin in the last week of November.
Register soon to assure a position. Thank you.